


Swimming Timetable

Newham Leisure Centre

Accurate as of 18/05/2024

Times for Tuesday 21 June			
Time	Session	Facility	
06:00 - 09:00	Adult Lane Swimming	Main Pool	
12:00 - 13:00	Adult Lane Swimming	Main Pool	
15:00 - 16:00	Family Splash	Teaching Pool	
16:00 - 19:00	General Swim	Main Pool	
20:00 - 22:00	Adult Lane Swimming	Main Pool	