

# Swimming Timetable

## Newham Leisure Centre

Accurate as of 09/04/2024

Times for Friday 1 July

Time	Session	Facility
06:00 - 09:00	Adult Lane Swimming	Main Pool
12:00 - 13:00	Adult Lane Swimming	Main Pool
15:00 - 16:00	Family Splash	Teaching Pool
20:00 - 22:00	Adult Lane Swimming	Main Pool