

# Swimming Timetable

## Newham Leisure Centre

Accurate as of 01/05/2024

Times for Tuesday 2 April



| Time          | Session              | Facility      |
|---------------|----------------------|---------------|
| 06:00 - 09:00 | Adult Lane Swimming  | Main Pool     |
| 12:00 - 13:00 | Adult Lane Swimming* | Main Pool     |
| 14:40 - 15:40 | Family Splash        | Teaching Pool |
| 14:40 - 15:40 | Adult Lane Swimming  | Main Pool     |
| 16:00 - 17:00 | General Swim         | Main Pool     |
| 17:30 - 18:30 | General Swim         | Main Pool     |
| 19:30 - 21:30 | Adult Lane Swimming  | Main Pool     |