Swimming Timetable

Newham Leisure Centre

Accurate as of 18/05/2024

Times for Friday 26 April

Time	Session	Facility
06:00 - 09:00	Adult Lane Swimming	Main Pool
12:00 - 13:00	Adult Lane Swimming	Main Pool
14:40 - 15:40	Family Splash	Teaching Pool
14:40 - 15:40	Adult Lane Swimming	Main Pool
19:30 - 21:30	Adult Lane Swimming*	Main Pool