Swimming Timetable

Newham Leisure Centre

Accurate as of 18/05/2024

Times for Saturday 27 April

Time	Session	Facility
13:05 - 13:50	Aqua Fit	Main Pool
14:00 - 15:00	Family Splash	Teaching Pool
15:20 - 16:20	General Swim	Main Pool
17:00 - 18:00	Disability Swim	Main Pool
18:00 - 19:00	Adult Lane Swimming	Main Pool