Howe Bridge Leisure Centre: Pool sessions Howe Bridge Leisure Centre

Accurate as of 19/04/2024

| Times for Monday 26 October | | |
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| Time | Session | Facility |
| 06:35 - 07:25 | Lane Swimming | Large Pool |
| 07:50 - 08:40 | Lane Swimming | Large Pool |
| 09:40 - 10:30 | Family Swim | Small Pool |
| 10:50 - 11:40 | Family Swim | Small Pool |
| 13:00 - 13:50 | Family Swim | Large Pool |
| 13:10 - 14:00 | Family Swim | Small Pool |
| 14:15 - 15:05 | Family Swim | Large Pool |
| 14:30 - 15:20 | Family Swim | Small Pool |
| 21:10 - 22:00 | Lane Swimming | Large Pool |