

Swimming Timetable

East Ham Leisure Centre

Accurate as of 10/04/2024

Times for Saturday 31 July



Time	Session	Facility
08:00 - 10:00	Adult Lane Swimming*	Main Pool (25m)
10:00 - 11:00	Parent and Child Splash Session	Main Pool (25m)
12:00 - 14:30	Swimming Lessons	Main Pool (25m)
16:00 - 17:00	General Swim*	Main Pool (25m)
19:00 - 20:00	Adult Lane Swimming*	Main Pool (25m)