Swimming Timetable East Ham Leisure Centre

Accurate as of 29/04/2024

Times for Saturday 31 July **(** Facility Time Session 08:00 - 10:00 Adult Lane Swimming* Main Pool (25m) 10:00 - 11:00 Parent and Child Splash Session Main Pool (25m) 12:00 - 14:30 Swimming Lessons Main Pool (25m) 16:00 - 17:00 General Swim* Main Pool (25m) 19:00 - 20:00 Adult Lane Swimming* Main Pool (25m)