

Swimming Timetable

East Ham Leisure Centre

Accurate as of 17/04/2024

Times for Sunday 1 August



Time	Session	Facility
08:00 - 10:00	Adult Lane Swimming	Main Pool (25m)
10:00 - 11:00	Parent and Child Splash Session	Main Pool (25m)
12:00 - 14:30	Swimming Lessons	Main Pool (25m)
15:00 - 16:00	General Swim*	Main Pool (25m)
17:30 - 19:45	Swim Club	Main Pool (25m)