Swimming Timetable

East Ham Leisure Centre

Accurate as of 12/10/2024

Times for Wednesday 29 June

Time	Session	Facility
07:00 - 09:00	Adult Lane Swimming	Main Pool (25m)
08:00 - 09:00	Family Splash	Teaching Pool (12m)
10:00 - 13:00	General Swim	Main Pool (25m)
13:00 - 16:00	Adult Lane Swimming	Main Pool (25m)
15:00 - 16:00	Family Splash	Teaching Pool (12m)
20:00 - 22:00	Adult Lane Swimming	Main Pool (25m)