

Swimming Timetable

East Ham Leisure Centre

Accurate as of 17/04/2024

Times for Friday 1 July



Time	Session	Facility
07:00 - 10:00	Adult Lane Swimming	Main Pool (25m)
08:00 - 10:00	Family Splash	Teaching Pool (12m)
10:00 - 13:00	General Swim	Main Pool (25m)
13:00 - 16:00	Adult Lane Swimming	Main Pool (25m)
15:00 - 16:00	Family Splash	Teaching Pool (12m)