

Swimming Timetable

East Ham Leisure Centre

Accurate as of 03/05/2024

Times for Sunday 3 July

Time	Session	Facility
08:00 - 09:00	Family Splash	Teaching Pool (12m)
08:00 - 10:00	Adult Lane Swimming	Main Pool (25m)
10:00 - 14:00	General Swim*	Main Pool (25m)
14:00 - 17:00	Adult Lane Swimming	Main Pool (25m)