

# Swimming Timetable

## East Ham Leisure Centre

Accurate as of 04/05/2024

### Times for Sunday 28 April



Time	Session	Facility
08:00 - 09:00	Family Splash	Teaching Pool (12m)
08:00 - 10:00	Adult Lane Swimming	Main Pool (25m)
10:00 - 14:00	General Swim*	Main Pool (25m)
14:00 - 15:00	Adult Lane Swimming*	Main Pool (25m)