Swimming Timetable

Balaam Leisure Centre

Accurate as of 12/10/2024

Times for Tuesday 23 April

Time	Session	Facility
06:00 - 08:30	Adult Lane Swimming	Main Pool
11:00 - 13:00	Adult Lane Swimming	Main Pool
14:30 - 17:00	General Swim*	Main Pool
19:15 - 20:15	Aqua Fit (Female Only)	Main Pool
20:30 - 22:00	Female Only Lane Swimming*~	Main Pool