

Swimming Timetable

Balaam Leisure Centre

Accurate as of 28/06/2026

Times for Wednesday 1 July



Time	Session	Facility
06:00 - 08:30	Adult Lane Swimming	Main Pool
09:30 - 11:00	Under 5s Swimming	Teaching Pool
12:00 - 13:15	Adult Lane Swimming	Main Pool
14:30 - 19:00	General Swim*	Main Pool
21:15 - 22:00	Adult Lane Swimming	Main Pool