

Swimming Timetable

Balaam Leisure Centre

Accurate as of 28/06/2026

Times for Friday 3 July



Time	Session	Facility
06:00 - 08:30	Adult Lane Swimming	Main Pool
12:00 - 13:30	Under 5s Swimming	Teaching Pool
12:00 - 13:30	Adult Lane Swimming	Main Pool
15:00 - 18:00	General Swim*	Main Pool
21:00 - 22:00	Adult Lane Swimming*	Main Pool