

# Swimming Timetable

## Balaam Leisure Centre

Accurate as of 28/06/2026

### Times for Saturday 4 July



Time	Session	Facility
06:00 - 08:30	Adult Lane Swimming	Main Pool
10:00 - 12:00	General Swim*	Main Pool
12:30 - 14:00	Fun Swim - with inflatable slide	Main Pool
12:30 - 14:00	Family Fun Swim	Teaching Pool
14:30 - 19:00	General Swim	Main Pool
19:00 - 22:00	Adult Lane Swimming	Main Pool