

Dryside Timetable

Haltwhistle Swimming & Leisure Centre

Accurate as of 09/09/2026

Times for Monday 14 September			
Time	Session	Facility	
9:00 am - 9:45 am	Strength & Tone	Studio	
9:00 am - 12:00 pm	Soft Play	Main Hall	
1:30 pm - 3:00 pm	Carpet Bowls	Studio	
4:00 pm - 4:45 pm	Gymnastics 1	Main Hall	
4:45 pm - 5:30 pm	Gymnastics 2	Main Hall	
5:30 pm - 6:15 pm	Gymnastics 3	Main Hall	
6:30 pm - 7:15 pm	Circuits	Studio	
7:00 pm - 8:00 pm	Junior Gym (12-16 yrs)	Gym	
7:15 pm - 7:45 pm	Why Weight	Main Hall	