Group Exercise Classes Balaam Leisure Centre

Accurate as of 18/05/2024

Times for Sunday 27 June				
Time	Session	Facility	Instructor	Level
08:00 - 09:30	Hot Yoga Session	Studio	Wendy	All
19:00 - 20:30	Hot Yoga Session	Studio	Wendy	All
20:30 - 22:00	Hot Yoga Session	Studio	Wendy	All