pool programme Freedom Leisure Maidstone

Accurate as of 05/05/2024

Times for Monday 8 March		Q	•
Time	Session	# Lanes	
6:30 am - 11:00 am	Lane Swimming		
11:00 am - 11:45 am	Aqua Aerobics		
11:45 am - 9:30 pm	Lane Swimming		
12:30 pm - 3:30 pm	Puddle Ducks		