## **pool programme** Freedom Leisure Maidstone

## Accurate as of 30/04/2024

Times for Wednesday 10 March			<b>(</b> )
Time	Session	# Lanes	
6:30 am - 11:00 am	Lane Swimming		
11:00 am - 11:45 am	Aqua Aerobics		
11:45 am - 7:15 pm	Lane Swimming		
4:00 pm - 7:00 pm	Swim School		