

# pool programme

## Freedom Leisure Maidstone

Accurate as of 18/04/2024

### Times for Wednesday 10 March



Time	Session	# Lanes
6:30 am - 11:00 am	Lane Swimming	
11:00 am - 11:45 am	Aqua Aerobics	
11:45 am - 7:15 pm	Lane Swimming	
4:00 pm - 7:00 pm	Swim School	