

# pool programme

## Freedom Leisure Maidstone

Accurate as of 24/04/2024

### Times for Tuesday 23 April



Time	Session	# Lanes
6:30 am - 9:30 pm	Lane Swimming	
9:30 am - 12:00 pm	Family Swim	
9:30 am - 12:30 pm	Puddle Ducks	
4:00 pm - 6:30 pm	Swim School	
7:45 pm - 8:30 pm	Aqua Aerobics	