

Baysgarth Pool Timetable

Baysgarth Leisure Centre

Accurate as of 16/09/2026

Times for Thursday 17 September				
Time	Session	Facility	# Lanes	
06:00 - 07:00	Lanes	Pool	4	
07:30 - 11:00	Casual Swim	Pool		
08:00 - 09:00	Good Boost (unsupervised)	Pool	1	
10:00 - 11:00	Good Boost	Pool	1	
11:00 - 12:00	Aquacise	Pool		
12:00 - 13:00	Lanes	Pool	4	
13:00 - 16:00	Casual Swim	Pool		
14:30 - 15:30	Good Boost	Pool	1	
16:00 - 18:00	SwimLincs	Pool		
18:00 - 19:00	Casual Swim	Pool		
19:00 - 20:00	Lanes	Pool	4	