

Riddings Pool Timetable

Riddings Pool

Accurate as of 19/04/2026

Times for Tuesday 21 April



Time	Session	Facility	# Lanes
07:00 - 08:00	Lanes	Pool	3
08:30 - 09:30	Lanes	Pool	3
09:45 - 10:45	Casual Swim	Pool	
10:45 - 11:30	Good Boost	Pool	
12:00 - 13:00	Lanes	Pool	3
13:10 - 13:55	Aquacise	Pool	
14:00 - 14:45	Aquacise	Pool	
16:00 - 17:30	Casual Swim (half pool)	Pool	3
16:00 - 17:30	Lanes	Pool	3
18:00 - 19:30	Private Hire	Pool	
19:30 - 20:30	Casual Swim (half pool)	Pool	3
19:30 - 20:30	Lanes	Pool	3