

# exercise class programme

## Sport Dyson Perrins Leisure Centre

Accurate as of 11/05/2024

### Times for Wednesday 27 March



| Time              | Session            | Facility | Level |
|-------------------|--------------------|----------|-------|
| 6:00 pm - 7:00 pm | Functional Fitness | studio   |       |
| 6:30 pm - 7:15 pm | Step Aerobics      | studio   |       |