

# exercise class programme

## Sport Dyson Perrins Leisure Centre

Accurate as of 13/05/2024

Times for Monday 1 April			
Time	Session	Facility	Level
6:00 pm - 7:00 pm	Body Combat	studio	
6:00 pm - 7:00 pm	Walking Football	sports hall	
7:00 pm - 8:00 pm	Zumba	studio	