

exercise class programme

Sport Dyson Perrins Leisure Centre

Accurate as of 28/04/2026

Times for Monday 4 May



Time	Session	Facility	Level
6:00 pm - 7:00 pm	Boxing Circuits	studio	
6:00 pm - 7:00 pm	Walking Football	sports hall	
7:00 pm - 8:00 pm	Zumba	studio	all levels