

# exercise class programme

## Sport Dyson Perrins Leisure Centre

Accurate as of 19/05/2026

### Times for Monday 25 May



Time	Session	Facility	Level
6:00 pm - 7:00 pm	Boxing Circuits	studio	
6:00 pm - 7:00 pm	Walking Football	sports hall	
7:00 pm - 8:00 pm	Zumba	studio	all levels