

# exercise class programme

## Sport Martley Leisure Centre

Accurate as of 29/04/2024

### Times for Monday 1 April



Time	Session	Facility	Level
6:00 pm - 6:45 pm	Legs, Bums & Tums	sports hall	all levels
6:45 pm - 7:30 pm	Freedom Indoor Cycling	studio	all levels
7:30 pm - 8:15 pm	Freedom Indoor Cycling	studio	all levels