

Group Exercise

Manor Park Fitness Centre

Accurate as of 09/04/2024

Times for Sunday 1 August				
Time	Session	Facility	Instructor	Level
09:30 - 10:15	Group Cycle	Cycle Studio	Virtual	All
12:45 - 13:30	Group Cycle	Cycle Studio	Virtual	All
16:00 - 16:45	Group Cycle	Cycle Studio	Virtual	All