


Group Exercise

Manor Park Fitness Centre

Accurate as of 29/04/2024

Times for Sunday 1 August					
Time	Session	Facility	Instructor	Level	
09:30 - 10:15	Group Cycle	Cycle Studio	Virtual	All	
12:45 - 13:30	Group Cycle	Cycle Studio	Virtual	All	
16:00 - 16:45	Group Cycle	Cycle Studio	Virtual	All	