## **Group Exercise Manor Park Fitness Centre**

## Accurate as of 18/05/2024

| Times for Sunday 21 April |             |              |            | •     |
|---------------------------|-------------|--------------|------------|-------|
| Time                      | Session     | Facility     | Instructor | Level |
| 09:30 - 10:15             | Group Cycle | Cycle Studio | Virtual    | All   |
| 12:45 - 13:30             | Group Cycle | Cycle Studio | Virtual    | All   |
| 16:00 - 16:45             | Group Cycle | Cycle Studio | Virtual    | All   |