

public swimming times

Knighton Sports Centre

Accurate as of 30/04/2024

Times for Wednesday 3 April



Time	Session	Facility
10:00 am - 11:00 am	Adult Swim	swimming pool
11:00 am - 12:00 pm	60+ Nofio am Ddim / 60+ Freeswim	swimming pool
12:00 pm - 2:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool
2:00 pm - 3:00 pm	U17 Nofio am Ddim / U17 Free Swim	swimming pool
4:00 pm - 5:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool
5:00 pm - 6:00 pm	Fflotiau / Floats Session	swimming pool
6:00 pm - 7:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool
7:30 pm - 8:45 pm	Nofio Ffitrwydd i Oedolion / Adult Fit Swim	swimming pool