public swimming times Knighton Sports Centre

Accurate as of 14/05/2024

Times for Wednesday 3 April			3
Time	Session	Facility	
10:00 am - 11:00 am	Adult Swim	swimming pool	
11:00 am - 12:00 pm	60+ Nofio am Ddim / 60+ Freeswim	swimming pool	
12:00 pm - 2:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool	
2:00 pm - 3:00 pm	U17 Nofio am Ddim / U17 Free Swim	swimming pool	
4:00 pm - 5:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool	
5:00 pm - 6:00 pm	Fflotiau / Floats Session	swimming pool	
6:00 pm - 7:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool	
7:30 pm - 8:45 pm	Nofio Ffitrwydd i Oedolion / Adult Fit Swim	swimming pool	