


public swimming times

Knighton Sports Centre

Accurate as of 14/05/2024

Times for Thursday 4 April			
Time	Session	Facility	
10:00 am - 11:00 am	Adult Swim	swimming pool	
11:00 am - 1:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool	
1:00 pm - 2:00 pm	Fflotiau / Floats Session	swimming pool	
2:00 pm - 3:00 pm	Mermaid	swimming pool	
3:30 pm - 5:30 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool	
6:00 pm - 6:45 pm	Aqua Aerobics	swimming pool	
7:00 pm - 8:45 pm	Nofio Cyhoeddus / Public Swim	swimming pool	