

public swimming times

Knighton Sports Centre

Accurate as of 18/09/2026

Times for Thursday 24 September

Time	Session	Facility
9:30 am - 11:45 am	Nofio Ysgolion / School Swimming	swimming pool
12:00 pm - 1:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool
1:30 pm - 3:00 pm	Members Only Swim	swimming pool
3:30 pm - 6:00 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool
6:00 pm - 6:45 pm	Aqua Aerobics	swimming pool
7:00 pm - 8:45 pm	Nofio Cyhoeddus / Public Swim	swimming pool