

public swimming times

Knighton Sports Centre

Accurate as of 04/10/2026

Times for Sunday 4 October

Time	Session	Facility
9:00 am - 10:00 am	Nofio i'r Teulu / Family Swim	swimming pool
10:00 am - 11:00 am	Nofio Cyhoeddus / Public Swim	swimming pool
11:00 am - 12:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool
12:00 pm - 1:00 pm	Nofio Lon / Lane Swim	swimming pool