

public swimming times

Knighton Sports Centre

Accurate as of 04/10/2026

Times for Thursday 8 October			
Time	Session	Facility	
9:30 am - 11:45 am	Nofio Ysgolion / School Swimming	swimming pool	
12:00 pm - 1:00 pm	Nofio Cyhoeddus / Public Swim	swimming pool	
1:30 pm - 3:00 pm	Members Only Swim	swimming pool	
1:30 pm - 3:00 pm	Members Only Swim	swimming pool	
3:30 pm - 6:00 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool	
6:00 pm - 6:45 pm	Aqua Aerobics	swimming pool	
7:00 pm - 8:45 pm	Nofio Cyhoeddus / Public Swim	swimming pool	