

# public swimming times

## Rhayader Leisure Centre

Accurate as of 17/05/2025

### Times for Monday 28 September



Time	Session	Facility
9:00 am - 9:45 am	Nofio i 60+ / 60+ Swim	Pwll Nofio / Swimming Pool
10:30 am - 11:15 am	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool
12:00 pm - 12:45 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool
1:30 pm - 2:15 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool
3:00 pm - 3:45 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	Pwll Nofio / Swimming Pool
4:30 pm - 5:15 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	Pwll Nofio / Swimming Pool
6:00 pm - 7:00 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool