


public swimming times

Rhayader Leisure Centre

Accurate as of 28/04/2024

Times for Thursday 1 October			
Time	Session	Facility	
7:30 am - 8:15 am	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool	
7:30 am - 9:00 am	Nofio Ben Bore / Early Risers Swim	Pwll Nofio / Swimming Pool	
9:00 am - 9:45 am	Nofio i 60+ / 60+ Swim	Pwll Nofio / Swimming Pool	
9:00 am - 12:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool	
10:30 am - 11:15 am	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool	
12:00 pm - 12:45 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool	
1:30 pm - 2:15 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool	
3:00 pm - 3:45 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool	
4:30 pm - 5:15 pm	Family Pod	Pwll Nofio / Swimming Pool	
6:00 pm - 7:00 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool	