## **public swimming times**Rhayader Leisure Centre

## Accurate as of 29/04/2024

Times for Thursday 5 August		
Time	Session	Facility
7:30 am - 9:00 am	Adult Swim	Pwll Nofio / Swimming Pool
9:00 am - 1:30 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
1:30 pm - 2:30 pm	Nofio i'r Teulu / Family Swim	Pwll Nofio / Swimming Pool
3:00 pm - 5:30 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	Pwll Nofio / Swimming Pool
5:45 pm - 7:00 pm	Nofio Cyhoeddus / Public Swim	Pwll Nofio / Swimming Pool
7:00 pm - 8:30 pm	Nofio Lon / Lane Swim	Pwll Nofio / Swimming Pool