


public swimming times

Ystradgynlais Sports Centre

Accurate as of 05/05/2024

Times for Thursday 23 September			
Time	Session	Facility	
6:30 am - 8:00 am	Nofio Lon / Lane Swim	swimming pool	
8:00 am - 9:00 am	Nofio Lon / Lane Swim	swimming pool	
9:00 am - 9:45 am	Splash a Sbrî	swimming pool	
12:15 pm - 1:15 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool	
3:45 pm - 6:15 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool	
6:15 pm - 7:45 pm	Clwb Triathlon / Triathlon Club	swimming pool	
8:00 pm - 8:45 pm	Erobeg yn y Dŵr / Aqua Aerobics	swimming pool	