

public swimming times

Ystradgynlais Sports Centre

Accurate as of 26/04/2024

Times for Friday 24 September



| Time | Session | Facility |
|-------------------|--|---------------|
| 6:30 am - 8:00 am | Nofio Lon / Lane Swim | swimming pool |
| 8:00 am - 9:00 am | Nofio Lon / Lane Swim | swimming pool |
| 1:15 pm - 2:00 pm | Open Swim | swimming pool |
| 3:45 pm - 6:15 pm | Gwersi Nofio Seren For / Starfish Swimming Lessons | swimming pool |
| 6:15 pm - 7:00 pm | Hwyl yn y D_r / Watermania | swimming pool |