


public swimming times

Ystradgynlais Sports Centre

Accurate as of 30/04/2024

| Times for Sunday 26 September | | |  |
|-------------------------------|--|---------------|---|
| Time | Session | Facility | |
| 9:00 am - 10:00 am | Nofio Lon / Lane Swim | swimming pool | |
| 10:15 am - 11:45 am | Gwersi Nofio Seren For / Starfish Swimming Lessons | swimming pool | |
| 12:00 pm - 1:00 pm | Nofio Lon / Lane Swim | swimming pool | |
| 1:00 pm - 3:00 pm | Open Swim | swimming pool | |
| 3:15 pm - 4:00 pm | Ar Gael I'w Llogi / Pool Available to Hire | swimming pool | |