public swimming timesYstradgynlais Sports Centre

Accurate as of 03/05/2024

Times for Sunday 28 August		
Time	Session	Facility
9:00 am - 10:00 am	Nofio Lon / Lane Swim	swimming pool
10:15 am - 11:45 am	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool
12:15 pm - 1:15 pm	Open Swim	swimming pool