


public swimming times

Ystradgynlais Sports Centre

Accurate as of 22/05/2024

Times for Tuesday 23 April			
Time	Session	Facility	
6:30 am - 8:00 am	Nofio Lon / Lane Swim	swimming pool	
8:00 am - 9:00 am	Nofio Lon / Lane Swim	swimming pool	
8:00 am - 9:00 am	Nofio i Bobl H_n / Silver Swim	swimming pool	
9:00 am - 10:00 am	Ar Gau / Pool Closed	swimming pool	
10:00 am - 12:00 pm	Open Swim	swimming pool	
12:30 pm - 3:30 pm	Nofio Ysgolion / School Swimming	swimming pool	
3:45 pm - 6:15 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool	
6:15 pm - 7:00 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool	
7:00 pm - 9:00 pm	Open Swim	swimming pool	