


public swimming times

Ystradgynlais Sports Centre

Accurate as of 21/05/2024

Times for Wednesday 24 April			
Time	Session	Facility	
6:30 am - 8:00 am	Nofio Lon / Lane Swim	swimming pool	
8:00 am - 8:45 am	Nofio Lon / Lane Swim	swimming pool	
8:45 am - 9:30 am	Erobeg yn y D_r / Aqua Aerobics	swimming pool	
9:30 am - 12:00 pm	Open Swim	swimming pool	
12:15 pm - 1:45 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool	
2:00 pm - 3:30 pm	Ar Gau / Pool Closed	swimming pool	
3:45 pm - 6:30 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool	
6:30 pm - 8:15 pm	Clwb Nofio / Swimming Club	swimming pool	
8:15 pm - 9:15 pm	Nofio Lon / Lane Swim	swimming pool	