

public swimming times

Ystradgynlais Sports Centre

Accurate as of 14/06/2026

Times for Tuesday 2 June



Time	Session	Facility
6:30 am - 8:00 am	Nofio Lon / Lane Swim	swimming pool
8:00 am - 9:00 am	Nofio Lon / Lane Swim	swimming pool
8:00 am - 9:00 am	60+ Nofio am Ddim / 60+ Freeswim	swimming pool
9:00 am - 3:30 pm	Nofio Ysgolion / School Swimming	swimming pool
3:45 pm - 7:00 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool
7:00 pm - 9:00 pm	Open Swim	swimming pool