

public swimming times

Ystradgynlais Sports Centre

Accurate as of 14/06/2026

Times for Wednesday 3 June



Time	Session	Facility
6:30 am - 8:00 am	Nofio Lon / Lane Swim	swimming pool
8:00 am - 8:45 am	Nofio Lon / Lane Swim	swimming pool
8:45 am - 9:30 am	Erobeg yn y D_r / Aqua Aerobics	swimming pool
9:30 am - 12:00 pm	Open Swim	swimming pool
12:30 pm - 3:30 pm	Nofio Ysgolion / School Swimming	swimming pool
3:45 pm - 6:30 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool
6:30 pm - 8:15 pm	Clwb Nofio / Swimming Club	swimming pool
8:15 pm - 9:15 pm	Nofio Lon / Lane Swim	swimming pool