

public swimming times

Ystradgynlais Sports Centre

Accurate as of 14/06/2026

Times for Thursday 4 June



Time	Session	Facility
6:30 am - 8:00 am	Nofio Lon / Lane Swim	swimming pool
8:00 am - 9:00 am	Nofio Lon / Lane Swim	swimming pool
12:00 pm - 2:00 pm	Nofio Lon / Lane Swim	swimming pool
1:00 pm - 2:00 pm	60+ Nofio am Ddim / 60+ Freeswim	swimming pool
2:00 pm - 3:30 pm	Nofio Ysgolion / School Swimming	swimming pool
3:45 pm - 6:15 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool
6:30 pm - 7:30 pm	Clwb Triathlon / Triathlon Club	swimming pool
7:30 pm - 8:15 pm	Erobeg yn y D_r / Aqua Aerobics	swimming pool
8:15 pm - 9:15 pm	Nofio Lon / Lane Swim	swimming pool