

public swimming times

Ystradgynlais Sports Centre

Accurate as of 14/06/2026

Times for Friday 5 June



Time	Session	Facility
6:30 am - 8:00 am	Nofio Lon / Lane Swim	swimming pool
8:00 am - 9:00 am	Nofio Lon / Lane Swim	swimming pool
9:00 am - 11:00 am	Nofio Ysgolion / School Swimming	swimming pool
11:15 am - 11:45 am	Splash a Sbri	swimming pool
11:45 am - 12:45 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool
1:00 pm - 1:45 pm	Hydroyoga	swimming pool
2:00 pm - 3:30 pm	Open Swim	swimming pool
3:45 pm - 6:15 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool
6:15 pm - 7:00 pm	Hwyl yn y D_r / Watermania	swimming pool
7:15 pm - 8:45 pm	Clwb Dyffryn / Kayak Club	swimming pool