

public swimming times

Ystradgynlais Sports Centre

Accurate as of 14/06/2026

Times for Saturday 6 June



Time	Session	Facility
7:30 am - 8:30 am	Nofio Lon / Lane Swim	swimming pool
9:00 am - 12:00 pm	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool
12:00 pm - 1:00 pm	Nofio Lon / Lane Swim	swimming pool
1:00 pm - 3:00 pm	Open Swim	swimming pool