

public swimming times

Ystradgynlais Sports Centre

Accurate as of 14/06/2026

Times for Sunday 7 June



Time	Session	Facility
9:00 am - 10:00 am	Nofio Lon / Lane Swim	swimming pool
10:15 am - 11:45 am	Gwersi Nofio Seren For / Starfish Swimming Lessons	swimming pool
12:00 pm - 1:00 pm	Nofio Lon / Lane Swim	swimming pool
1:00 pm - 3:00 pm	Open Swim	swimming pool
2:00 pm - 3:00 pm	U17 Nofio am Ddim / U17 Free Swim	swimming pool
3:15 pm - 4:00 pm	Ar Gael I'w Llogi / Pool Available to Hire	swimming pool